

Positively Pleasant View

A Quarterly Publication of Shiawassee County Medical Care Facility

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Caring for Life

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"Fun, Fun, Fun" at Pleasant View

There are many exciting things happening at Pleasant View!

From a concert starring staff, to voting for the hottest hot rods rolling around town, the summer has been busy for our residents. We've added fun and exciting activities, keeping residents and staff entertained and engaged.



Last month, the staff performed a "Beach Boys" concert for a resident who missed going to her scheduled dream concert due to her stay at Pleasant View. Some of the staff got together and performed their best rendition of the concert in the facility's Towne Center for all the residents to enjoy!

We've done fishing trips, participated in the Shiawassee County Fair, hosted car shows, picnics, and so much more. It has been a very pleasant summer at Pleasant View.



Events & Happenings

SEPTEMBER

9-15

National Healthcare
Environmental
Services &
Housekeeping Week

OCTOBER

7-13

National Healthcare
Food Service Week

31 Pleasant View
Trick or Treat
6-8pm

NOVEMBER 7

Harvest Dinner
Noon

It's trick-or-treat time

Wednesday, October 31 from 6 – 8 p.m. the costumed staff, along with residents, will welcome families to Pleasant View for an evening of Halloween Trick-or-Treating fun. There will be decorations and games, and the residents will be handing out candy. We're in need of candy donations for this event! Please drop them off at the reception window. Thank you!



SPOTLIGHT ON HEALTH: **Should I Get My Flu Shot?**

It's that time of year again. Flu season is almost here, and with the increasing amount of confusion surrounding the influenza vaccine, it is important to know the facts.

People ask "Should I get the flu vaccine or not?" Some may say that it has caused them to get the flu or that it does not work, however, this is simply not true. The truth is that the influenza vaccine is manufactured with inactivated viruses and does not cause the flu. Bacteria and viruses are constantly changing and there are many different strains of influenza viruses. Therefore, in order to help prevent the spread of influenza, you should get your annual flu vaccine. This is imperative for our own health, as well as the protection of our residents, families, and friends.



Shana Says:

A MESSAGE FROM OUR ADMINISTRATOR

Caregivers. We hear that term a lot, but often the impact of that role is overlooked. Caregiving is a heroic act. It takes a loving person to provide care to another; to do for someone what they cannot do for themselves is the greatest expression of love that there is.

Caregivers come in many forms. Here at Pleasant View, we have nurses and nurse aides that provide direct care such as assistance with medications and feeding, as well as providing a comforting hug on the hard days and laughter on the good days. We also have housekeepers who provide care by maintaining a clean environment to live in. Our dietary staff provides care through cooking meals that comfort the soul, and by delivering those meals with a smile. We have laundry staff that care, by taking the time to sort, clean, and deliver resident clothing and bedding needs. The activities staff take the time to care about the residents' needs for laughter and fun. We have our business office staff that provide care by helping residents with their questions and concerns.

The caregivers we have in this facility are the backbone of everything we do. They make Pleasant View great. They make the environment a loving, caring atmosphere that our residents deserve. I would like to thank all of our wonderful caregivers who provide such exceptional care to our residents, without them none of this would be possible!

— Shana Espinoza, MSN, RN, LNHA





Tips from T

**THERESA DELAU, RN, BSN,
DIRECTOR OF NURSING**

A Mission to Love & Serve

At Pleasant View, we are on a mission to **LOVE** and **SERVE** people!

No matter one's position within the PV community, whether a resident, a care partner, a leader, a volunteer or a family member, we all have a unique opportunity to give and receive love.

We can express LOVE in so many ways! Being respectful of one's space, belongings and time. Being patient. Giving someone a hug or a high-five! Taking a moment to tell someone what you appreciate about him or her. Being gentle. Taking the time to get to know each other. Being humble. Building trusting relationships. Being fierce advocates! Adopting a calming presence. Being compassionate, dependable and trustworthy. Being kind.

Will, you join us on our mission to LOVE and SERVE each other? Let us all commit to looking for opportunities to be a blessing to one another. Together, we can really make our beautiful new building a HOME for all who pass through our doors, if we are all committed to LOVING and SERVING one another.



Facility Greeters

Some of our residents shared with us that they wanted to help out around the facility.

We met with them and we all agreed we would make it happen. One of the newly created positions is a facility greeter, so be on the lookout for our amazing greeters when you visit Pleasant View. "Welcome to Pleasant View, how may we help you?"

Volunteers

Pleasant View has a new volunteer program!
If you're interested, please visit our website to complete the volunteer application.

Anniversaries

We would like to acknowledge our staff members for their service and dedication to our residents!

JULY

Kelly Bakousidis, 2 years
Cynthia Breckons, 18 years
Veronica Dean, 4 years
Aliesa DeGeer, 2 years
Ashley Hutchinson, 5 years
James Krizan, 1 year
Corbin McKay, 2 years
Chad Pilot, 4 years
David Skuczias, 1 year
David Smith, 7 years
Teresa Sovis, 27 years
Carol Turner, 7 years
Gary Woodruff, 25 years

AUGUST

Annette Billings, 4 years
Michael Billings, 1 year
Chery Bowman, 3 years
Jeaney Cox, 1 year
Janet Dotson, 1 year
Christa England, 1 year
Tereva Gibbs, 3 years
Samantha Holford, 1 year
Erin Kelley, 16 years
Tiffany Lopez, 10 years
Kasey Schneider, 10 years
Erika Tomac, 2 years
Dean Vanderlip, 1 year
Kristin Wharton, 8 years
Debra Wirostek, 7 years

SEPTEMBER

Talenna Ackels, 2 years
Nichole Armstrong, 2 years
Lynne Barnhart, 1 year
Leslie Bennett, 7 years
Tracy Bost, 1 year
Pamela Dalton, 17 years
Cynthia Ellsworth, 13 years
Pamela Garnhart, 6 years
Sarah Good, 9 years
Alicia Gurden, 10 years
Kirsten Hart, 1 year
Stephanie Jones, 12 years
Amy McCoy, 3 years
Michael Miller, 8 years
Terry Mitchell, 6 years
Andrew Pond, 3 years
Jessica Ramsdill, 16 years
Megan Ruby, 2 years
Wendy Stevenson, 42 years
Shirllette Todd, 1 year
Sue Vanderlip, 15 years



Puzzle Time

SPOT THE DIFFERENCE





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Annual Picnic Celebrated at Our New Facility

We celebrated our annual picnic in the new facility this year and it was a huge success!



We enjoyed grilling hamburgers and hotdogs in our newly landscaped courtyards and seeing the residents enjoying and spending time with their families. We had face painting and games for the children, a band for entertainment and ice cream with lots of topping options for everyone!

