

# Positively Pleasant View

A Quarterly Publication of Shiawassee County Medical Care Facility

March 2019

## Caring for Life

### Administration:

Shana Espinoza, MSN, RN, LNHA  
Administrator

Theresa DeLau, RN, BSN  
Director of Nursing

### Board Members:

Londa Knauff, Chair  
Cindy Civille, Co-Chair  
Gregory P. Bontrager, Member



275 Caledonia Drive  
Owosso, MI 48867

**(989) 743-3491**  
[pleasantviewmcf.org](http://pleasantviewmcf.org)



Join us on Facebook  
and Twitter

### E-newsletter sign-up

If you're receiving this newsletter in your mailbox but would rather get it in your inbox, please go to our website, [pleasantviewmcf.org](http://pleasantviewmcf.org), and sign up. It's quick and easy!

## At Pleasant View, We're Family

**A**t Pleasant View, "we are growing our family one person at a time," says Rachel Baldwin, Public Relations Manager at Pleasant View. "One resident at a time, one caregiver at a time, one volunteer at a time... We really are one big family, and like a family, we pull together."



When Mother Nature delivered a string of snow days forcing school and daycare cancellations, some Pleasant View team members were faced with a dilemma - finding child care so that they could come to work.

That's when staff and volunteers at Pleasant View really stepped up. "We opened our doors to our staff members' children," says Rachel. During the snow days, Pleasant View welcomed youngsters so that their parents could get to the important job of delivering the best care to our residents. Volunteers, including off-duty staff members, kept the children busy with games and arts and crafts, and donated lunches and snacks to feed both the kids and caregivers.

Best of all, the children and our residents were given a wonderful opportunity to connect and interact together in a new way! "Lots of smiles, lots of laughter – We really found the positive in a challenging situation," says a team member.

Volunteers are a very important part of what makes the Pleasant View family a strong one. If you are looking for an opportunity to make a difference, Pleasant View has a need for you. From arts and crafts, to companionship and reading to our residents, to assisting with light office duties, there are many ways to volunteer and become part of the Pleasant View family. **For more information about volunteering, contact Rachel Baldwin at (989) 743-3491, extension 531.**

# Events & Happenings

## MARCH

**5** Mardi Gras Party



**12** St. Patty's Day Party

## APRIL

**21** Easter Sunday  
Easter Egg Hunt

## MAY

**3** Spring Craft Show,  
9AM–4PM

**7** Cinco De Mayo  
Chips & Dip

**12** Mother's Day Tea

**13-** Nursing Home Week

**17**

Friends and family members  
of our residents—

Please be mindful of bringing your loved ones things that could cause them harm (such as sharp objects, including glass vases or other types of glass objects) or other things that could be harmful if ingested or spilled. The safety of our residents is always our goal.

Thank You!

The Pleasant View team  
celebrated one year in our  
beautiful new facility  
in January



## Shana Says: A MESSAGE FROM OUR ADMINISTRATOR

Can you believe it? We have been in our new home for a full year as of January 17, 2019.

It seems as if we were moving in just a few weeks ago, yet, it also feels as if we've been here all along. I can remember the concerns some of our residents expressed about moving into the new facility. Every day over the last year, I watched the looks of concern disappear and give way to eyes full of excitement, wonder, and curiosity. "What activity would there be today?" or "What musical band will perform for us this week?" To see the love between staff and the residents continues to melt my heart every day.



I would like to take this moment to say thank you, not just to my Pleasant View team but, also to the residents of Shiawassee County. We would not be the successful operating facility we are if it wasn't for the support we receive from our community. To my wonderful Pleasant View team, also known as my extended family, you have been more than amazing in ensuring we provide high-quality care to our residents. Your teamwork and commitment to Pleasant View make me proud to be a part of our amazing family and today, I salute you!

— Shana Espinoza, MSN, RN, LNHA

## PUBLIC NOTICE

On November 6, 2018, voters in Michigan passed Proposal 1, to enact the Michigan Regulation and Taxation of Marijuana Act. The new law legalized, with restrictions, the possession, use, and cultivation of recreational marijuana and marijuana products for persons 21 years of age or older. The passage of Proposal 1 does not change the Facility's policies and prohibitions surrounding marijuana. Importantly, the Facility will continue to prohibit employees from working while under the influence of marijuana and from using or possessing marijuana in the workplace. Likewise, the Facility will continue to prohibit the transfer, transportation, or sale, of marijuana in the workplace. The safety and wellbeing of our employees and residents is at the forefront of everything we do here at the Facility. All policies and procedures currently in effect for drug and alcohol testing, as well as all policies and procedures to be followed in the event an employee tests positive for marijuana, remain fully in effect.

## Tips from T

**THERESA DELAU, RN, BSN,  
DIRECTOR OF NURSING**

### Brightening Your Day



**I**t's that time of year when the long winter and gray skies wear on us.

We look forward to spring, sunshine and fresh air. As we anxiously await the sun and green grass, I thought we might all be blessed by taking some time to "think about what we are thinking about." How we can each bring a little sunshine to the world?

Instead of focusing on our stress, worries, being rushed or feeling discouraged and having cabin fever, let's shift our thoughts and actions to finding ways we can brighten the long days. Unplug from your television and cellphone, and read a good book. You can travel the world right from your own chair! When you feel lonesome, reach out to someone who may also need a little company. Take them out for coffee or a meal.

When you can't take another minute of the dreary skies and the cold wind, grab a friend and go for a walk through a greenhouse. Enjoy the 80-degree air the greenhouse has to offer and bring home a plant. Instead of another boring Tuesday night dinner, how about hauling out the grill and throwing some steaks on, even in the snow! As we start to take time to take care of ourselves and create opportunities to slow things down, we can start thinking about what we are thinking about and how we can make little decisions to see and be a light in the dark!

We can each bring a little light to wherever we are, and when we do we are a blessing to those around us. So while we all look forward to the fun and excitement spring has to offer ourselves, our family's and our residents, lets each try to create a little of our own sunshine until we get there!

**A surefire way to brighten your day is to brighten someone else's day. Consider becoming a volunteer at Pleasant View!**

**Our volunteers are essential in helping us deliver compassionate care, and enhance the resident experience by providing a personal touch. All volunteers attend a special orientation session and receive personal training within their area of interest.**

**For more information, contact Rachel Baldwin at (989) 743-3491, extension 531 or visit our web site at [www.pleasantviewmcf.org/about/volunteer/](http://www.pleasantviewmcf.org/about/volunteer/)**

## Anniversaries

We would like to acknowledge our staff members for their service and dedication to our residents!

### FEBRUARY

Alison Ackerman, 3 years  
Teri Burtis, 36 years  
Olivia Busby, 1 year  
Marichu Campbell, 10 years  
Autumn Carbeno, 1 year  
Jennifer Cummings, 20 years  
Theresa DeLau, 8 years  
Stephanie Dimmick, 3 years  
Hollie Dowen, 5 years  
Melinda Gerzseny, 4 years  
Jill Hillendorf, 20 years  
Deborah Hintz, 10 years  
Paige Isaac, 1 year  
Lishawnda Lecureux, 3 years  
Donna Linnartz, 5 years  
Lizel Martin, 12 years  
Chasity Nelson, 10 years

Hannah Redder, 1 year  
Robin Roedel, 4 years  
Nathan Smith, 2 years  
Schyler Trevillian, 1 year  
Sylvia Tymensky, 2 years  
Tabitha Woodruff, 21 years

### MARCH

Carrie Dutcher, 3 years  
Shana Espinoza, 10 years  
Margarita Granados, 1 year  
Nancy Hercher, 1 year  
Jill Johnson, 11 years  
Kaelli Kuchar, 1 year  
Sandra Lamb, 5 years  
Krista Lambert, 6 years  
Katie Lamrouex, 10 years  
Krystal Martin, 3 years

### MARCH (continued)

Cynthia Mason, 6 years  
LaVonna Matrou, 1 year  
Kristen Mize, 33 years  
Jennifer Rivers, 19 years  
Darcy Shay, 4 years  
Debra Sipka, 20 years  
Logan Slee, 2 years  
Jeanne Smithingell, 24 years  
Brenda Thurlby, 6 years  
Michele Vanegas, 1 year  
Aimee Waltz, 19 years  
Bonnie Wiese, 4 years  
Eric Wilcox, 1 year  
Ashleigh Yerian, 1 year  
Lacey Ziola, 1 year

### APRIL

Kailee Arnett, 1 year  
Amy Burkhardt, 1 year  
Belinda Dean, 34 years  
Janelle Fuja, 8 years  
Tiffani Elliott, 1 year  
Stephanie Hall, 3 years  
Allaina Hartley, 1 year  
Raegan Holek, 1 year  
Dakkota LaFay, 1 year  
Jennifer Lightle, 4 years  
Julie Limbaugh, 1 year  
Bethany Lowry, 1 year  
Diana March, 21 years  
Kali Mattson, 1 year  
Sharon McAninch, 14 years  
Chelsea Nelson, 8 years  
Julie Shroyer, 1 year  
Tammy Stutler, 1 year

## Order Your T-Shirt!

**\$10 - S, M, L & XL  
\$12 - XXL  
\$13 - X3-5X  
Green or Tan**



Proceeds benefit Pleasant View  
Community Relations Team

**Call to Order  
989-743-3491, ext 531**





## Inside this Issue:



At Pleasant View,  
We're Family

Shana Says

Tips From T:  
Brightening Your Day

Events & Happenings  
*And More!*



## VALENTINE'S HIGHLIGHT: How Sweet It Is!



**R**ecently, our residents and staff had a great time celebrating the sweeter side of life with a Valentine's Day themed party.

Everything was coming up roses in February, when we were treated to chocolates and confections to our hearts' delight! What's not to love about life at Pleasant View?